

LE  RICHEBOURG
HÔTEL★★★★ & SPA

THE INSTITUTE

SPA SERVICES



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ESCAPE, SERENITY AND SENSUAL PLEASURE

IN HARMONY WITH THE HOTEL MODERN DESIGN, COME AND ENJOY OUR INSTITUTE,
A SPECIAL MOMENT IN A UNIQUE ENVIRONMENT WHERE SILENCE AND TRANQUILITY REIGN..



TO RELIEVE YOU FROM A HECTIC DAILY LIFE, WE OFFER REVITALIZING SEAWEED BODY WRAPS,
SWEET AND SALTY EXFOLIATIONS, CRUSHED GRAPE SEED BODY TREATMENTS....
YOU MAY CHOOSE AMONG A WIDE VARIETY OF TEXTURES AND SCENTS...



YOU WILL TRAVEL THE WORLD THROUGH ASIA, EGYPT AND ON TO THE CARIBBEAN ISLANDS
WHILE REJUVENATING YOURSELF IN A QUIET RELAXING ATMOSPHERE...



FACIAL CARES

- ✿ **BASIC 45'** 45.00 €

Marine based elements along with essential oils help purify and nourish the skin. includes gentle cleansing and steam finishing, with a skin specific mask application. Recommended to get regularly for optimal results.
- ✿ **CHOCOLATE DELIGHT 45'** 50.00 €

Vibrant and delightful facial—a series of smooth and creamy chocolate based product applications followed by a decadent cocoa butter light massage for the enhancement of your skin's glow.
- ✿ **GRAPE GOURMANDISE 45'** 50.00 €

Toning, soothing and detoxifying—grape based elements are used to cleanse, exfoliate and gently massage your skin. Relax and enjoy a memorable beauty experience to return the glow of a fresh complexion.
- ✿ **HAVRE DE PAIX 60'** 60.00 €

Considered your ultimate skin shield, a peaceful facial including a refreshing mist, aquatic essence steam, two different masks to restore your skin's texture and add freshness to that radiant glow. Recommended anytime your skin feels sensitive.
- ✿ **MEN'S RELAXING 60'** 60.00 €

For men only.
Designed to address the specificity of men's skin such as razor irritation and ingrown hairs. Blue seaweed steam is used to renew your skin and help you put your best face forward. It also includes a light facial massage to relieve stress and tensions while finishing with an'Ocean Thalgomen' mask. Recommended to get regularly for optimum result.
- ✿ **DEEP MOISTURIZING 60'** 60.00 €

An intense and hydrating experience—specially designed to improve your skin texture, tone and appearance through a tonifying mist, essential oil steam, a refreshing massage and the 'ultra cocoon revitalizing' mask will complete this stress-relief moment.

FACIAL CARES

✿ OXYGENATING 60'65.00 €

Energizing and refreshing. Includes tonic mist, aquatic essence steam, revitalizing face massage followed by a succession of patch application and finishing with a sea-marine oxygen mask. Recommended to get regularly, especially before any season change.

✿ RE-COMFORTING 60'65.00 €

Nourishing and relaxing—consists of a soft application of highly nourishing products, an essential oil steam topped with a shea butter massage and a sea-marine mask. Will leave skin even, sooth and refreshed.

✿ RE-BALANCING 75'65.00 €

For fresh and glowing skin—includes an aromatic steamed massage and is followed with a citrus fruit purifying mask to leave your skin vibrant, compact and enhance your complexion while relaxing your mind.

✿ FREEZE TIME 90'70.00 €

For a smooth and polished skin—enjoy an aromatherapy steam facial, a massage that will focus on reducing the appearance of fine lines and a warm, nourishing mask application that will accentuate this intense moment of tranquility.

✿ THE EXCEPTION 75'80.00 €

Renew your skin's youthful glow—75 minutes of pure pampering, an intense treatment to re-surface, revitalize and deeply hydrate your skin, a true biological hand-lifting experience.

FOR ULTIMATE BEAUTY

(To Add To Any Of Our Facials)

✿ LASHES OR EYEBROWS TINTING 20'30.00 €

✿ JEUNESSE DU REGARD (For A Youthful Look)30.00 €



MASSAGES

- ✿ **AROMA 30'** 50.00 €
Relaxing Body Massage : follow your mood and pick your own fragrance.
- ✿ **MIND SOOTHING MASSAGE 30'** 50.00 €
A mood-brightening face, scalp and neck massage to help you forget about daily disturbances.
- ✿ **AROUND THE WORLD 45'** 70.00 €
A full body massage using indian influences for a healthy body and soul.
- ✿ **CHOCOLATE DREAM 45'** 70.00 €
A delightful body massage for soft and supple skin.
- ✿ **VINEYARD DELICE 45'** 70.00 €
Feel the stress melt away in the heart of Vosne Romanée vineyard as we use grape seed extracts in this rich decadent massage.
- ✿ **MUMMY COCOON (A Prenatal Massage) 60'** 70.00 €
Forget about the pains of pregnancy and focus on the joys of motherhood! a pre-natal massage using techniques specifically designed to ease fatigue and discomforts related to pregnancy to promote well being for both mother and baby.
- ✿ **AROMA 60'** 75.00 €
Relaxing Body Massage : follow your mood and pick your own fragrance.
- ✿ **BEAUTY ON YOUR FIGURE 45'** 80.00 €
Focus on your body contours and feel as light as ever!
- ✿ **CALIFORNIAN RETREAT 60'** 80.00 €
Your massage therapist will perform long, fluid strokes and californian fragrances, gentle, soothing and emphasizes relaxation.
- ✿ **DANCE WITH STONES 60'** 90.00 €
Covered with soothing essential oils, get into the rhythm of an ancient healing practice that alleviates modern stress. warm stones are used to massage your body and to banish body fatigue.
- ✿ **LET GO MASSAGE 60'** 140.00 €
Four hands are better than two, indulge yourself in this ultra pleasurable massage that will bring you into a state of wonderfully deep relaxation, a warm and invigorating experience.



BODY TREATMENTS

✿ BACK CARE 60'70.00 €

This hard to reach and often neglected area will be given a "true care". Includes sea marine exfoliation, essential oils steam, a relaxing back massage to relieve tension and pain, topped with a warm seaweed cataplasm.

✿ BODY EXFOLIATIONS 30'45.00 €

SWEET AND SALTY

Sugars and salts are combined and enriched with citrus essential oils in this gentle cleansing for soft silky skin.

OCEAN REFRESHMENT

A unique mixture of exfoliating seaweed powder and cream is used to refresh your body for several hours.

BODY CONTOUR POLISH

An effective, non-invasive treatment to tighten up your skin tissues and give it a radiant glow.

CHOCOLATE CHIP

A cocoa butter and apricot seed mix is combined to gently cleanse your skin.

GRAPE SEED BODY POLISH

A rich aromatic body scrub using grape seeds that exfoliate and leave the skin velvety smooth.

✿ BODY WRAPS 45'55.00 €

MARINE BODY WRAP

A warm seaweed body wrap—experience the ocean's healing and purifying powers.

LIGHTEN UP YOUR FIGURE

Enjoy a warm body wrap to tighten skin tissues and encourage the body's own slimming process, leaving your skin fresh and younger looking.

COCOA DELIGHT

Indulge yourself in this luxurious, nourishing and relaxing cocoa enriched body wrap.

GRAPE BODY WRAP

A warm grapeseed body wrap to make you and your skin feel reborn.

DUO

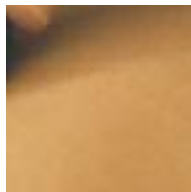
A warm exfoliating and revitalizing body wrap combining mud and sea salts.

BODY TREATMENTS (suite)

- ✿ MANICURE OR PEDICURE 30'45.00 €
- ✿ PAMPER YOUR HANDS 60'60.00 €
Complete soothing hand and nail treatment.
- ✿ PAMPER YOUR FEET 60'60.00 €
Soft and revitalizing foot care.

MAKE-UP

- ✿ A 30 MINUTE PERSONAL MAKE-UP APPLICATION 30'45.00 €
- ✿ A 60 MINUTE MAKE-UP LESSON 60'65.00 €
- ✿ BRIDAL MAKE-UP (Includes Trial) 60'80.00 €



BODY TREATMENTS

✿ SPA OCEANA 30' 50.00 €

A special moment for those seeking absolute tranquility.
(choose one of the following options)

ISLAND CASCADE

A relaxing bath under tropical island sunlight.

TARTAN SHOWER

Get your skin's elasticity and your energy back.

RELAXED BODY

An invigorating experience to relieve tension, pain and sore muscles.

THE FIGURE DREAMS OF EVERYBODY

Deeply relaxing while reducing the appearance of cellulite.

BRAND NEW SKIN

For new, soft and silky skin.

WALK ON THE MOON

Revives and refreshes tired legs.

PURE DETOX

Take off tiredness & stress by detoxifying your body.

NEED SOME PEACE AND QUIET

Private hammam and sauna available.

✿ BECAUSE OF DELICACY 30' 30.00 €

Pick your own wax



COCOON PACKAGES

ALL COCOON SERVICES HAPPEN IN OUR "SPA OCEANA" ROOM,
ALL INCLUDE A BODY EXFOLIATION, A BODY WRAP AND A SPA SERVICE OF YOUR CHOICE
AS WELL AS A MOISTURIZING BODY LOTION

- ✿ A CORPS PERDU 60'70.00 €
Relaxing and energizing—classic muscle loosening, a mood-brightening experience.
- ✿ PURITY & DETOX' 60'70.00 €
Detoxifying to deeply rejuvenate your body and mind.
- ✿ AURORA BOREALIS 60'70.00 €
Soothing—to revive and refresh tired legs.
- ✿ COCOA AND GRAPEFRUIT GOURMANDISE 60'70.00 €
To nourish your skin and give it a radiant glow.
- ✿ VELVETY SKIN 60'70.00 €
Ideal for soft, balanced and moisturized skin tone, skin is left luminous and velvety smooth.
- ✿ MASCULINE COCOONING 60'70.00 €
Appeasing and detoxifying—you will leave in a state of wonderfully deep relaxation.
- ✿ ORIENTAL BEAUTY 90'90.00 €
Oriental techniques and fragrances are used in this special moment to bring back harmony between your body and soul.

SWEET ESCAPES

- ✿ INDIAN AND CHINESE GETAWAY 60'80.00 €
A combination of several massage influences, includes a blue guava deep moisturizer.
- ✿ THE SEA AND THE SENSES 90'110.00 €
For a healthy body and soul, try this massage with stones and our sea marine powder exfoliation.
- ✿ INDOCEANE 135'130.00 €
A 135 minute cruise around the world with 4 shore excursions:

CRUISE THE WORLD :

MEDITERRANEAN EXCURSION : Sweet and Salty Exfoliation

INDIAN EXCURSION : Massage Around The World

CHINESE EXCURSION : Sacred Lotus Body Wrap

EGYPTIAN EXCURSION : "Délice de Lait" Relaxing Bath





BATHS

SOAK YOUR WHOLE BODY IN A BATH AND ENJOY A MOMENT OF HARMONY AND TRANQUILITY!

✿ FULL BODY BATHS 30'40.00 €
All of our a la carte chromatherapy baths take place in the spa océana room.

PURE DÉTENTE

Relaxing bath.

MILKY DELIGHT

Creamy, relaxing and stress-relieving with precious milk.

IN THE LAGOON..

Opens up your body's energy while releasing tensions.

AROMATIC

Pick your own bath fragrance.

ALONG THE SHORE

Detoxifying seaweed marine bath.

✿ SOAKING YOUR FEET 30'40.00 €
Each of the following foot baths is followed by a foot massage.

FLOWERPOWER

Sweet Flower Petal Bath

CITRUS FRUIT

Citrus Fruit Foot Pampering

MARINE FRESH

Marine Fizzing Time For Your Feet



SPA PACKAGES

- ✿ LEARN HOW TO PERFORM BABY MASSAGE 45' 60.00 €
Everyday Baby Massage – Soothing Baby Massage – Pain Relieving Baby Massage, choose the option you prefer.

- ✿ MASCULINE RELAX 120' 120.00 €
– Masculine Cocooning Cocoon Package
– Men's Relaxing Facial Care.

- ✿ FEMININE COCOONING 120' 120.00 €
– "Velvety Skin" Cocoon Package
– "Deep Moisturising" Facial Care

- ✿ CHOCOLATE TREAT 120' 139.00 €
– "Chocolate Chip" Body Exfoliation
– "Cocoa Delight" Body Wrap
– "Chocolate Delight" Facial Care

- ✿ THE DAY D FOR HER 240.00 €
– "Spa Oceana" Treatment A La Carte
– Basic Facial Treatment
– Bridal Make-up
– Waxing

- ✿ THE DAY D FOR HIM 240.00 €
– "Spa Oceana" Treatment A La Carte
– Men's Relaxing Facial
– Pamper Your Hands Treatment
– Waxing Or Foot Bath

- ✿ APHRODITE & I 600.00 €
12 cellulite treatment sessions in our "Spa Oceana" along with a customized skin analysis to determinate each of your skin care needs. Ask about your personal beauty package.

PAMPER YOURSELF WITH AT LEAST 4 TREATMENTS OF YOUR CHOICE AND COMBINE THEM
AT ONE TIME. A DAY OF COMPLETE RELAXATION AND ULTIMATE BEAUTY

OUR SPA POLICY

Spa appointments scheduled through the l'Institut de l'Hotel Le Richebourg **** & Spa is definitive at the time of booking

Within a spa and hotel package, any reservation made for a service at the l'Institut de l'Hotel Le Richebourg **** & Spa is final at the time of hotel booking.

Cancellations made less than 48 hours for any of our services at the l'Institut de l'Hotel Le Richebourg **** & Spa will be fully charged.

Within a spa and hotel package, l'Institut de l'Hotel le Richebourg **** & Spa is unable to process any return or exchange.

Any gift card purchase which amount is equal to or more than 40 Euros must be confirmed and entirely paid at time of reservation.

A gift card cannot be returned or refunded.

Gift cards are valid up to 12 months before it loses its validity.

Gift cards must be used in their entirety in one visit.

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